

Montville Pharmacy

RENOVATION SALE!
40% off selected gift items

Your local Montville Pharmacy is about to double in size! Massive renovations are about to commence and we have some great 'stock moving' bargains.

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Rejuvenate your mind, body and soul

Holiday driving and prescription drugs



Jeniene Rogers

The holidays is often a busy time for driving. Between transporting children and visiting relatives, the time behind the wheel can seem never ending.

But during this busy time, there is an often overlooked risk in the form of medications that impact on driving ability.

Common over the counter medicines such as strong pain relievers, some antihistamines, and motion sickness drugs and dispensed medicine that bear the warning label "1" and are marked with a red triangle, are a red flag that serve as a warning to you, the consumer. It informs you that medicines taken under this label have the power to inflict severe or sudden drowsiness. Those affected if allowed to control a vehicle, run the risk of harm to themselves and others and may not be covered by insurance if they are under the effects of medication.

Further to this, these medications, if taken in conjunction with other medicines of a similar sedative power, have an additive effect, and raise the likelihood of one being affected by the aforementioned symptoms.

Of additional concern around the holidays is the fact

that medicines so marked can vastly increase the effect of alcohol. Even a small amount of alcohol in combination with these drugs can worsen the already potent effects on coordination and alertness.

So what can be done to decrease the risks if you observe such a warning on your medication? If driving is unavoidable, prior to medicine purchase, the pharmacist should be consulted for options that are less prone to driving risk, or if a prescription medicine, your doctor should be consulted.

Many drugs have a non-sedating alternative, and information is merely a question away. If transport and sedating medicines are unavoidable, alternative transport measures such as bus, train etc should be considered.

Remember, common sense is required at all times, for after an incident happens it is often too late for all concerned. For more information contact your pharmacist or doctor

Jeniene

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MONTVILLE VILLAGE SQUARE

Mon - Fri 8.30am - 5.00pm

Saturday 8.30am - 12.30pm

Phone 5478 5454



Who's in town?

Montville's small community swells by the hundreds every day - where do they come from and why?



Helen and Don Hunt were up from Sydney to visit their son when they decided to take a daytrip to Montville.

Montville is known as the creative heart of the Sunshine Coast. It has a reputation for superb art galleries, unique shopping, fine food and range of accommodation from quaint B & B's to fabulous rainforest resorts. With National Parks, the Great Walk, and spectacular scenery it is a memorable stopover for tourists and visitors alike.

Every day the village population of about 400 can swell to 1500 and more, depending on the season. Winter is extremely popular with visitors from the southern states escaping their winter to enjoy the crisp, sunny climate of Montville.

On public holidays, the village is a hive of activity with a huge influx of daytrippers from Brisbane and the surrounding areas, coming to enjoy the speciality shops and award winning restaurants.

The Montville Times asked just a few of these visitors what brought them to our fabulous region.....



Michelle and David from Brisbane came to Montville because they needed sheepskin slippers for winter and knew they could find them in Montville. They also visited the Indian shop to find a colour scheme for their home.



Pam Gargett decided to return to Montville on holiday after she fell in love with the place while on a previous trip two years ago.



Andrew and Annette were enjoying a trip to Montville as well as local bushwalks while camping at the nearby Mapleton Caravan Park.

TANTRA KUNDALINI CENTRE



Dalila

Dalila is the creator of Egyptian Tantra Kundalini Massage and Healing in Australia. She was born and raised in a tropical island in North Africa. Her genetic traits are Brazilian/Latin/Egyptian.

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